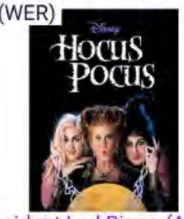
(AR)- Activity Room (WER)- West End Room (RR)- Recreation Room (FL) - Front Lobby (ER)- Empire Room (CH)- Club House (FR)- Fitness Room (DR)- Dining Room (OS)- Outside

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Coffee/ Games/Cards/ Socializing(CH) 10:00 Sit & Stretch (WER) 10:00 Ping Pong (RR) 10:30 Tai Chi (WER) 1:30 Andrew Collins Trio (WER) 3:30 SIMON Game (Cafe)	2 9:00 Coffee/ Games/Cards/ Socializing(CH) 9:00 Chair Yoga With Karen (WER) 10:00 Sit & Stretch (WER) 10:30 Bone Builders (WER) 1:15 Halloween Rhyme Time (Cafe) 2:00 Craft: Fall Door Hangers (AR) 3:30 October Trivia (FL)	3 1:00 Movie Matinee- You've Got Mail (WER) 6:15 Resident Led Bingo (AR)
4 	5 9:00 Coffee/ Games/Cards/ Socializing(CH) 10:00 Sit & Stretch (WER) 10:30 Bone Builders (WER) **11:00 Jubilee $$$ (FL)** 1:00 Lunch & A Show: Practical Magic 	6 9:00 Coffee/ Games/Cards/ Socializing(CH) 9:00 Zumba (RR) 10:00 Sit & Stretch (WER) 10:00 Bunco (CH) 2:00 Happy Hour (Cafe) 3:45 Resident Led Hymn Sing (Reflections Room)	7 9:00 Coffee/ Games/Cards/ Socializing(CH) 9:45 Blood Pressure Clinic (FR) 10:00 Sit & Stretch (WER) 10:30 Bone Builders (WER) 1:30 Appleridge's Farmer's Market (Café) 2:15 Line Dancing (WER) 3:30 Name That Tune (CH) 6:15 Resident Led Bingo (AR)	8 9:00 Coffee/ Games/Cards/ Socializing(CH) 10:00 Sit & Stretch (WER) 10:00 Ping Pong (RR) 10:30 Tai Chi (WER) **10:00 Lunch Bunch: Bostwick's $$$ Antiques & Cafe (FL)** 3:00 Autumn Pictionary (Cafe) 7:00 CV Audubon Society Book Club (CR)	9 9:00 Coffee/ Games/Cards/ Socializing(CH) 9:00 Chair Yoga With Karen (WER) 10:00 Sit & Stretch (WER) 10:30 Bone Builders (WER) 1:30 Outside - In Games (WER) 3:00 Cartoon Classics (WER)	10 10-12pm - Front Lobby 6:15 Resident Led Bingo (AR)
11 	12 1-3PM :Appleridge Lobby Area 	13 9:00 Coffee/ Games/Cards/ Socializing(CH) 9:00 Zumba (RR) 10:00 Sit & Stretch (WER) **11:00 Jubilee $$$ (FL)** 10:00 Bunco (CH) 2:00 Happy Hour (Cafe) 3:45 Resident Led Hymn Sing (Reflections Room)	14 9:00 Coffee/ Games/Cards/ Socializing(CH) 10:00 Sit & Stretch (WER) 10:30 Bone Builders (WER) 1:30 Spelling Bee (FL) 2:30 Chair Dancing (WER) 3:15 Men's Club: Planes, Trains, & Automobiles (WER) 6:15 Resident Led Bingo (AR)	15 9:00 Coffee/ Games/Cards/ Socializing(CH) 9:00 Balance Screening with Select Rehab (Office) 10:00 Sit & Stretch (WER) 10:00 Ping Pong (RR) 10:30 Tai Chi (WER) **10:30 Brunch Bunch: Cracker Barrell $$$ (FL)** 2:30 Short Story Hour in the Library 7:00 CV Audubon Society Meeting (WER)	16 9:00 Coffee/ Games/Cards/ Socializing(CH) 9:00 Chair Yoga With Karen (WER) 10:00 Sit & Stretch (WER) 10:30 Bone Builders (WER) 1:30 Left, Right, Center (Café) 3:00 Spooky Word Scramble (Café)	17 1:00 Movie Matinee-The Sugarland Express (WER) 6:15 Resident Led Bingo (AR)
18 	19 9:00 Coffee/ Games/Cards/ Socializing(CH) 10:00 Sit & Stretch (WER) 10:30 Bone Builders (WER) **11:00 Jubilee $$$ (FL)** 1:30 Manicure Magic (AR) 3:00 Recreation Led Bingo (Cafe) 	20 9:00 Coffee/ Games/Cards/ Socializing(CH) 9:00 Zumba (RR) 10:00 Sit & Stretch (WER) 10:00 Bunco (CH) 12:00 Veteran's Luncheon (ER) 2:00 Happy Hour (Cafe) 3:45 Resident Led Hymn Sing (Reflections Room)	21 9:00 Coffee/ Games/Cards/ Socializing(CH) 9:45 Blood Pressure Clinic (FR) 10:00 Sit & Stretch (WER) 10:30 Bone Builders (WER) 1:30 Dining Room Meeting (WER) 2:00 Chamberlain Acres (AR) 2:45 Chamberlain Acres (AR) 3:30 Line Dancing (WER) 6:15 Resident Led Bingo (AR)	22 9:00 Coffee/ Games/Cards/ Socializing(CH) 10:00 Sit & Stretch (WER) 10:00 Ping Pong (RR) 10:30 Tai Chi (WER) 2:00 Birthday Bash- Featuring Jilissa (WER) 	23 9:00 Coffee/ Games/Cards/ Socializing(CH) 9:00 Chair Yoga With Karen (WER) 10:00 Sit & Stretch (WER) 10:30 Bone Builders (WER) 1:30 Fall Movie Special - Step Mom (WER) 	24 1PM- Front Lobby 6:15 Resident Led Bingo (AR)
25 	26 9:00 Coffee/ Games/Cards/ Socializing(CH) 10:00 Sit & Stretch (WER) 10:30 Bone Builders (WER) **11:00 Jubilee $$$ (FL)** 1:30 Treats & a Tale (WER) 3:00 Craft: Jack O' Lantern Jar (AR) 6:30 Twin Tiers Community Orchestra (WER)	27 9:00 Coffee/ Games/Cards/ Socializing(CH) 9:00 Zumba (RR) 10:00 Sit & Stretch (WER) 10:00 Bunco (CH) 2:00 Happy Hour (Cafe) 3:45 Resident Led Hymn Sing (Reflections Room)	28 9:00 Coffee/ Games/Cards/ Socializing(CH) 10:00 Sit & Stretch (WER) 10:30 Bone Builders (WER) 2:00 Spooky Tea With Fiddlesticks (WER) 6:15 Resident Led Bingo (AR)	29 9:00 Coffee/ Games/Cards/ Socializing(CH) 10:00 Sit & Stretch (WER) 10:00 Ping Pong (RR) 10:30 Tai Chi (WER) **11:00 Lunch Bunch: Beeman's $$$ (FL)** 2:00 Select Rehab Presentation- Back to the basics: Body Mechanics and Back Safety (WER) 3:30 Web Toss Game (Cafe)	30 9:00 Coffee/ Games/Cards/ Socializing(CH) 9:00 Chair Yoga With Karen (WER) 10:00 Sit & Stretch (WER) 10:30 Bone Builders (WER) 1:30 It's the Great Pumpkin , Charlie Brown (WER) 3:00 Euchre (CH)	31 1:00 Movie Matinee- Hocus Pocus (WER)  6:15 Resident Led Bingo (AR)

Calendar is subject to Change. If you have any questions please contact the recreation department at 6610.