

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

(WER)- West End Room
(FL)- Front Lobby
(FR)- Fitness Room
(CH)- Club House
(AR)- Activity Room
(RR)- Recreation Room
(OS)- Outside
(ER)- Empire Room

June 2024

2:00 Crystal City Flute Players (WER)



6:15 Resident Led Bingo (AR)

2:30 Horseheads High School Community Service Project (FL)



6:15 Resident Led Bingo (AR)

1:00 Movie Matinee- You've Got Mail (WER)



6:15 Resident Led Bingo (AR)

1:00 Movie Matinee- Titanic (WER)



6:15 Resident Led Bingo (AR)

1:00 Movie Matinee- The River Wild (WER)



6:15 Resident Led Bingo (AR)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:30 Bone Builders (WER)
10:30 Zumba (AR)
10:30 Jubilee & Rite Aid \$\$\$ (FL)
1:00 Lunch & A Show: The Light Between Oceans (WER)



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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:00 Ping Pong (RR)
10:30 Bunco (CH)
10:30 Line Dancing (RR)
11:00 June can you picture this? (Cafe)
2:00 Happy Hour (Café)
3:45 Resident Led Hymn Sing (RR)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
9:45 Blood Pressure Clinic (FR)
10:00 Sit & Stretch (WER)
10:30 Bone Builders (WER)
11:00 Lunch Bunch: Central Hots \$\$\$ (FL)
1:15 Wii Bowling (WER)
3:30 Trivia in the Pub (CH)
6:15 Resident Led Bingo (AR)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:00 Ping Pong (RR)
10:30 Tai Chi (WER)
1:00 C-Wing Exercise Class with Select Rehab (Reflections Room)
2:00 Cupcakes with Makayla (AR)
3:30 Cornhole (OS)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
9:00 Chair Yoga With Karen (WER)
10:00 Sit & Stretch (WER)
10:30 Bone Builders (WER)
11:00 Walk With Recreation (OS)
2:15 Tech Time With Amanda (Café)
3:30 Bocce Ball (WER)

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2:30 Horseheads High School Community Service Project (FL)



6:15 Resident Led Bingo (AR)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:30 Bone Builders (WER)
10:30 Zumba (AR)
10:30 Jubilee & Rite Aid \$\$\$ (FL)
1:00 Manicure Magic (AR)
2:15 Recreation Led Bingo (WER)
3:30 Left, Right, Center, (Cafe)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:00 Ping Pong (RR)
10:30 Bunco (CH)
10:30 Line Dancing (RR)
11:00 Spelling Bee (Café)
2:00 Happy Hour (Café)
3:45 Resident Led Hymn Sing (RR)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:30 Bone Builders (WER)
1:30 Craft: Summer Lantern (AR)
3:00 Guess That TV Tune (Cafe)
4:00 Dinner Crew : Outback Steakhouse \$\$\$ (FL)
6:15 Resident Led Bingo (AR)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:00 Ping Pong (RR)
10:30 Tai Chi (WER)
11:00 Corning Farmers Market \$\$\$ (FL)
1:00 C-Wing Exercise Class with Select Rehab (Reflections Room)
3:30 Water Balloon Toss (OS)
7:00 Audubon Book Club In The Conference Room

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Senior Games Field Day (FL)



* For Those Who Signed Up*

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1:00 Movie Matinee- You've Got Mail (WER)



6:15 Resident Led Bingo (AR)

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HAPPY FATHER'S DAY
Father's Day

9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:30 Bone Builders (WER)
10:30 Zumba (AR)
10:30 Jubilee & Rite Aid \$\$\$ (FL)
1:30 Ice Cream Cart to C- Wing (Room to Room)
2:30 Ice Cream on the Patio (OS)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:00 Ping Pong (RR)
10:30 Bunco (CH)
10:30 Line Dancing (RR)
11:00 Virtual Reality (WER)
12:00 Veterans Luncheon (ER)
2:00 Happy Hour (WER)
3:45 Resident Led Hymn Sing (RR)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
9:45 Blood Pressure Clinic (FR)
10:00 Sit & Stretch (WER)
10:30 Bone Builders (WER)
11:00 Aggravation Game (Cafe)
1:15 Wii Bowling (WER)
2:00 Chamberlain Acres (AR)
2:45 Chamberlain Acres (AR)
6:15 Resident Led Bingo (AR)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:00 Ping Pong (RR)
10:30 Tai Chi (WER)
1:00 C-Wing Exercise Class with Select Rehab (Reflections Room)
2:00 Birthday Party & Caricature Artist (WER)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
9:00 Chair Yoga With Karen (WER)
10:00 Sit & Stretch (WER)
10:30 Bone Builders (WER)
11:00 Lunch Bunch: Blue Point Grill \$\$\$ (FL)
After Lunch stroll by the lake
6:30 NDHS Graduation (FL)

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1:00 Movie Matinee- Titanic (WER)



6:15 Resident Led Bingo (AR)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:30 Bone Builders (WER)
10:30 Zumba (AR)
10:30 Jubilee & Rite Aid \$\$\$ (FL)
1:00 Guess That TV Tune (Cafe)
2:30 Travelogue: Hotel Safari in Africa (WER)
3:30 Spoons (CH)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:00 Ping Pong (RR)
10:30 Bunco (CH)
10:30 Line Dancing (RR)
11:00 Flip-Flop Match Up (Café)
2:00 Happy Hour (Café)
3:45 Resident Led Hymn Sing (RR)
6:00 S'more Fun (Courtyard)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:30 Bone Builders (WER)
11:00 Animal Scramble Game (Cafe)
1:15 Wii Bowling (WER)
2:30 Couples Gameshow (WER)
6:15 Resident Led Bingo (AR)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
10:00 Sit & Stretch (WER)
10:00 Ping Pong (RR)
10:30 Tai Chi (WER)
1:00 C-Wing Exercise Class with Select Rehab (Reflections Room)
2:00 History of Helen Keller (WER)
3:30 Tie Dye Fun (OS)

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9:00 Coffee/ Games/ Cards/ Socializing (CH)
9:00 Chair Yoga With Karen (WER)
10:00 Sit & Stretch (WER)
10:30 Bone Builders (WER)
11:00 Lunch Bunch: Pudgies Pizza \$\$\$ Followed by a trip to Harris Hill for Miniature Golf (FL)

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1:00 Movie Matinee- The River Wild (WER)



6:15 Resident Led Bingo (AR)

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APPLERIDGE
SENIOR LIVING