

Sunday

Monday

Tuesday


Wednesday

Thursday

Friday

Saturday

# November 2023

			<p>9:00 Coffee/ Games/ Cards/ Socializing (CH)  9:00 Line Dancing (AR)  9:45 Blood Pressure Clinic (FR)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bone Builders (WER)  1:15 Wii Bowling (WER)  2:30 Left, Right, Center (Café)  6:15 Resident Led Bingo (AR)</p>	<p>9:00 Coffee/ Games/ Cards/ Socializing(CH)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Tai Chi (WER)  11:00 Name That Tune (Café)  2:00 Happy Hour (Café)  3:30 Bookmobile (OS)</p>	<p>9:00 Coffee/Games/Cards/ Socializing (CH)  9:00 Chair Yoga with Karen (WER)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bone Builders (WER)  11:00 Lunch Bunch: Cracker Barrel (FL)  2:30 Modern Jeopardy Trivia (Café)</p>	<p>1:00 Movie Matinee- Murder Mystery (WER)</p>  <p>6:15 Resident Led Bingo (AR)</p>
<p><b>Locations:</b>  (AR)- Activity Room  (ER)- Empire Room  (RR)- Recreation Room  (WER)- West End Room  (FL)- Front Lobby  (CH)- Club House  (FR)- Fitness Room</p>	<p>9:00 Coffee/ Games/ Cards/ Socializing (CH)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bone Builders (WER)  10:30 Zumba (AR)  10:30 Jubilee &amp; First Heritage Bank\$\$\$ (FL)  1:00 Lunch &amp; A Show: Knives Out (WER)</p>	<p>9:00 Coffee/Games/Cards/ Socializing (CH)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bunco (CH)  11:00 Lets Go Vote! (FL)  2:00 Cooking Demo (AR)  3:45 Resident Led Hymn Sing (Re ctions Room)</p> <p><b>ELECTION DAY</b></p>	<p>9:00 Coffee/ Games/ Cards/ Socializing (CH)  9:00 Line Dancing (AR)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bone Builders (WER)  11:00 Lunch Bunch: Olive Garden (FL)  11:30 NCSC Luncheon (WER)  1:15 Wii Bowling (WER)  6:15 Resident Led Bingo (AR)</p>	<p>9:00 Coffee/ Games/Cards/ Socializing (CH)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Tai Chi (WER)  11:00 Family Photo Captions (Café)  2:00 Happy Hour (Café)  7:00 Audubon Book Club In The Conference Room</p>	<p>9:00 Coffee/Games/Cards/ Socializing (CH)  9:00 Chair Yoga with Karen (WER)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bone Builders (WER)  1:30 Honor Guard Ceremony (OS)  2:00 Veteran's Day Reception (CH)</p> <p>★★★★★★★★</p> <p><b>Thank You Veterans</b></p>	<p><b>Veterans Day</b></p>  <p>Veterans Day</p>
	<p>9:00 Coffee/ Games/ Cards/ Socializing (CH)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bone Builders (WER)  10:30 Zumba (AR)  10:30 Jubilee &amp; First Heritage Bank\$\$\$ (FL)  1:00 Deck The Halls (FL)</p> 	<p>9:00 Coffee/ Games/ Cards/ Socializing (CH)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong(RR)  10:30 Bunco (CH)  11:00 Soup Making (AR)  2:30 Soup Tasting (CH)</p> 	<p>9:00 Coffee/ Games/ Cards/ Socializing (CH)  9:00 Line Dancing (AR)  9:45 Blood Pressure Clinic (FR)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bone Builders (WER)  1:15 Wii Bowling (WER)  2:00 Chamberlin Acres (AR)  2:45 Chamberlin Acres (AR)  6:15 Resident Led Bingo (AR)</p>	<p>9:00 Coffee/Games/Cards/ Socializing (CH)  10:00 Sit &amp; Stretch (WER)  11:00 November Can you picture this? (Café)  2:00 Happy Hour (Café)  3:30 Bookmobile (OS)  7:00 Audubon Monthly Meeting &amp; Program (WER)</p>	<p>9:00 Coffee/Games/Cards/ Socializing (CH)  9:00 Chair Yoga with Karen (WER)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bone Builders (WER)  2:00 Santa's Workshop (CH)</p> 	<p>1:00 Movie Matinee- Glass Onion Knives Out (WER)</p>  <p>6:15 Resident Led Bingo (AR)</p>
	<p>9:00 Coffee/ Games/ Cards/ Socializing (CH)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bone Builders (WER)  10:30 Zumba (AR)  10:30 Jubilee &amp; First Heritage Bank \$\$\$ (FL)  1:00 November Dawn &amp; Cider Floats (FL)  3:30 Thankful for Thanksgiving Humor (café)</p>	<p>9:00 Coffee/ Games/ Cards/Socializing (CH)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bunco (CH)  12:00 Veterans Lunch (ER)  1:30 Manicure Magic (AR)  2:30 Charlie Brown Thanksgiving (WER)  3:45 Resident Led Hymn Sing (Re ctions Room)</p>	<p>9:00 Coffee/ Games/ Cards/ Socializing (CH)  9:00 Line Dancing (AR)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bone Builders (WER)  11:00 Turkey Day Trivia (Cafe)  1:15 Wii Bowling (WER)  2:00 Happy Hour (Café)  6:15 Resident Led Bingo (AR)</p>	<p>Happy Thanksgiving</p>  <p>Thanksgiving Day (US)</p>		<p>5:00 Parade of Lights (FL)</p>  <p>6:15 Resident Led Bingo (AR)</p>
	<p>9:00 Coffee/ Games/ Cards/ Socializing (CH)  10:00 Sit &amp; Stretch (WER)  10:30 Ping Pong (RR)  10:30 Bone Builders (WER)  10:30 Zumba (AR)  10:30 Jubilee &amp; First Heritage Bank \$\$\$ (FL)  2:00 Recreation Led Bingo (WER)</p>	<p>9:00 Coffee/ Games/ Cards/ Socializing (CH)  10:00 Sit &amp; Stretch (AR)  10:00 Ping Pong (RR)  10:30 Bunco (CH)  2:00 Birthday Party/ Christmas Show Featuring Jilissa</p> 	<p>9:00 Coffee/ Games/ Cards/ Socializing (CH)  9:00 Line Dancing (AR)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Bone Builders (WER)  1:15 Wii Bowling (WER)  2:00 Drama Club: Joy Ride (Café)  6:15 Resident Led Bingo (AR)</p>	<p>9:00 Coffee/ Games/Cards/ Socializing (CH)  9:45 Gentleman's Breakfast (CH)  10:00 Sit &amp; Stretch (WER)  10:00 Ping Pong (RR)  10:30 Tai Chi (WER)  2:00 Happy Hour (Café)  3:30 Bookmobile (OS)</p>	 <p><b>APPLERIDGE</b> SENIOR LIVING</p>	

Calendar is subject to change. If you have any questions please contact the Recreation Department at 6610.

Senior Center/ Recreation Led Activities / Outings \$\$\$ (Bring money with you)/ Resident Led Activities